



Volunteers: Monthly Newsletter

Thank you for all the support in September! The Twin Valley Food Pantry served 120 families (accounting for 528 people). We also had approximately 30 volunteers from across our community supporting the evening. We distributed approximately 10,000 pounds of food items – thanks to all the donors across the community for their financial contributions or for coordinating a food drive. Thank you all for the hundreds of volunteer hours each month making this important community mission possible.

Note: We can always use your help volunteering at the TVFP — please consider joining us next month.

The next distribution evening will be October 24th the 4th Tuesday of the Month.

SEE the END of the NEWSLETTER for our Distribution Schedule for 2023.

Updated Statistics Total Pounds Distributed:

Year 1: 71,750 pounds

Year 2: 103,300 pounds

Year 3: 124,200 pounds

Year 4: 135,000 pounds

Year 5: 146,000 pounds

Year 6: 172,900 pounds

Year 7: 195,500 pounds

Year 8: 177,500

Year 9: 185,000

Year 10: 179,000 pounds

Year 11: 162,000 pounds

Year 12: 69,000

Year 13: 72,000

2023: January - 9,000 pounds

February - 11,000 pounds

March - 14,000 pounds

April - 10,000 pounds

May - 9,000 pounds

June - 10,000 pounds

July - 9,000 pounds

August - 9,000 pounds

September - 10,000 pounds

Statistical Profile for 2023

- Food Distributed: 71,000 lbs
- Total Families Supported: 1,081
- Total Number of People Supported: 5,025
- Number of Volunteers per month: 30

VOLUNTEER NEEDS THIS MONTH

"We Need Your Help This Coming Month"

Volunteer Opportunities for October – Please reply to sarah.kolb.tvfp@gmail.com or use our digital sign-up if you can participate in any of the following opportunities – thank you.

October 18th - Wednesday – 7:00pm at Conestoga Mennonite Church

STOCKING opportunity for the Pantry from our delivery of food earlier in the day.

This includes deliveries from Helping Harvest and Central PA Food Banks as well as local food donations and drives. A very exciting and fulfilling evening for all - including youth. All help is appreciated – it is a fast-moving evening. The night usually lasts about 2 hours. If you have concerns please email me.

October 24th - Tuesday - 3:00pm at Conestoga Mennonite Church

DISTRIBUTION DAY– we need approximately 30+ Volunteers for the evening.

Jobs include setup, distribution, and tear down. We are usually completed around 7:00pm. Come when you can and volunteer as long as you can. We appreciate any support.

Note: Distribution starts at 5:00pm - please arrive as early as you can to help in the stocking of the individual pantries, building boxes, and preparing other bags of items for our distribution.

Food Drive Needs

Drinks, Cereal, Sugar, and Canned Vegetables

All food and financial donations are welcome. Items can be dropped off at the Conestoga Church Office Tuesday-Friday from 9am to 3pm every week or any other time by dropping me an email for coordination.

Special Notes and Events

Please remember to use our digital sign-up at

<https://signupgenius.com/go/10C0944ABAE2BA5F5CE9-september> to let us know that you will be volunteering with us in October!

Twin Valley Food Pantry

2023 Distribution Schedule

The 4th Tuesday of the month except where indicated below:

- October 24th
- November 21st (3rd Tuesday)
- December 19th (3rd Tuesday)

Once again thank you for your support!

Twin Valley Food Pantry